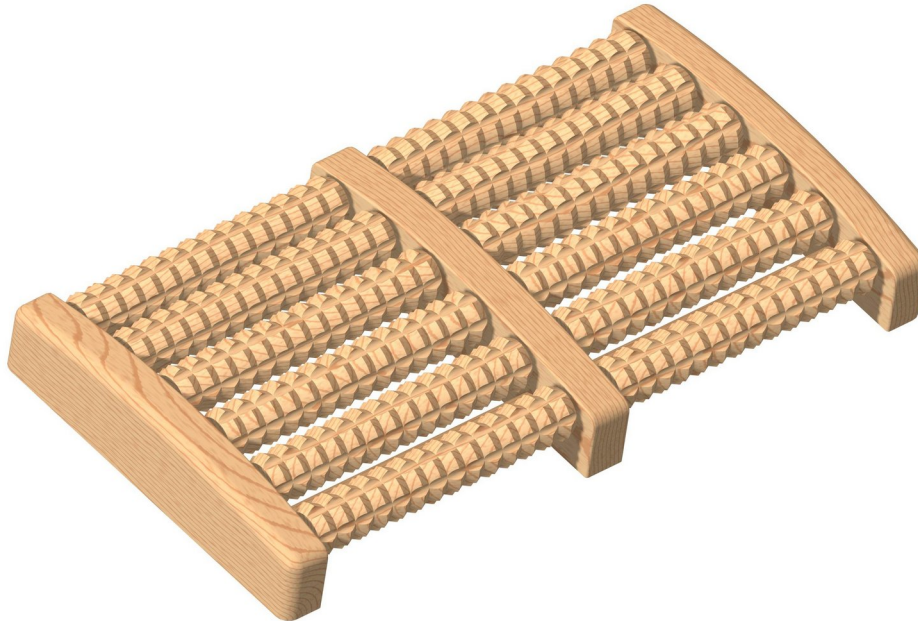


Foot massager plan



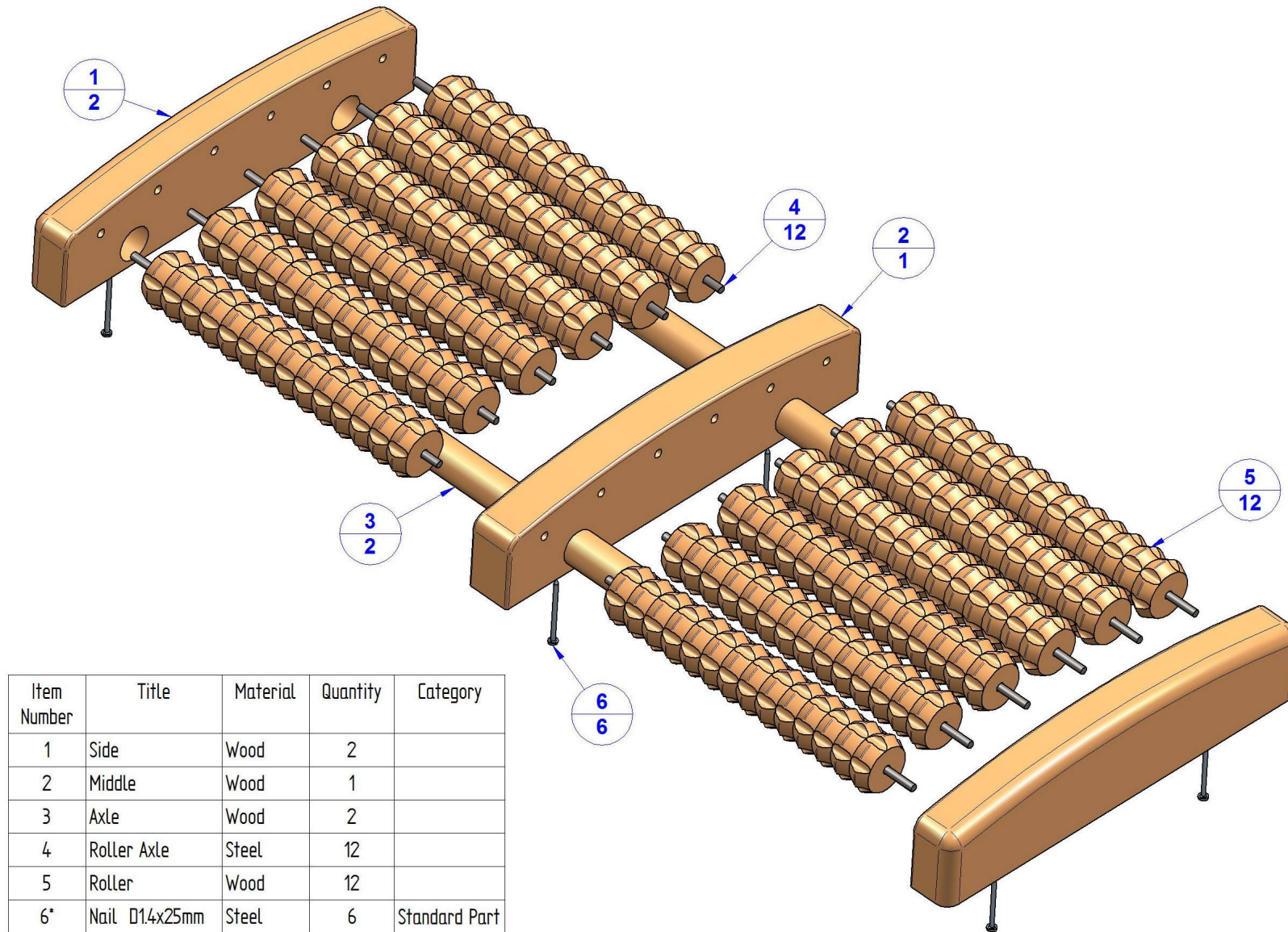
This home wooden foot massager with rollers is designed by the ancient principle of reflexology to stimulate nerve endings on your feet. It is recommended for the workers who stand all the time during their jobs, people that are very often in motion and especially for the office employees, who sit all day at work. This massager relieves and relaxes your feet and it improves the circulation of whole body. It is enough practical to bring it with you anywhere.

There are thousands nerve endings on each of your feet that are connected with some other part of your body. These endings are also known as pressure points in art of reflexology. Stimulation of these points will help you to relieve any pain in your body, and this massager is crafted to target all of the pressure points on your foot. Moreover, it will help you not to sense that odd feeling, as if your shoes are made out of stone. A light massage on this gadget will relax you and relieve from tension, while some more energetic massage will help you to improve your circulation and reduce the pain in your legs.

You can use various types of wood for this project manufacture. We recommend purchasing some wood with a nice, interesting texture like ash, beech, cedar, birch, cherry, maple, oak, walnut, etc. If you are planning to paint Foot massager, the texture of wood is not important.

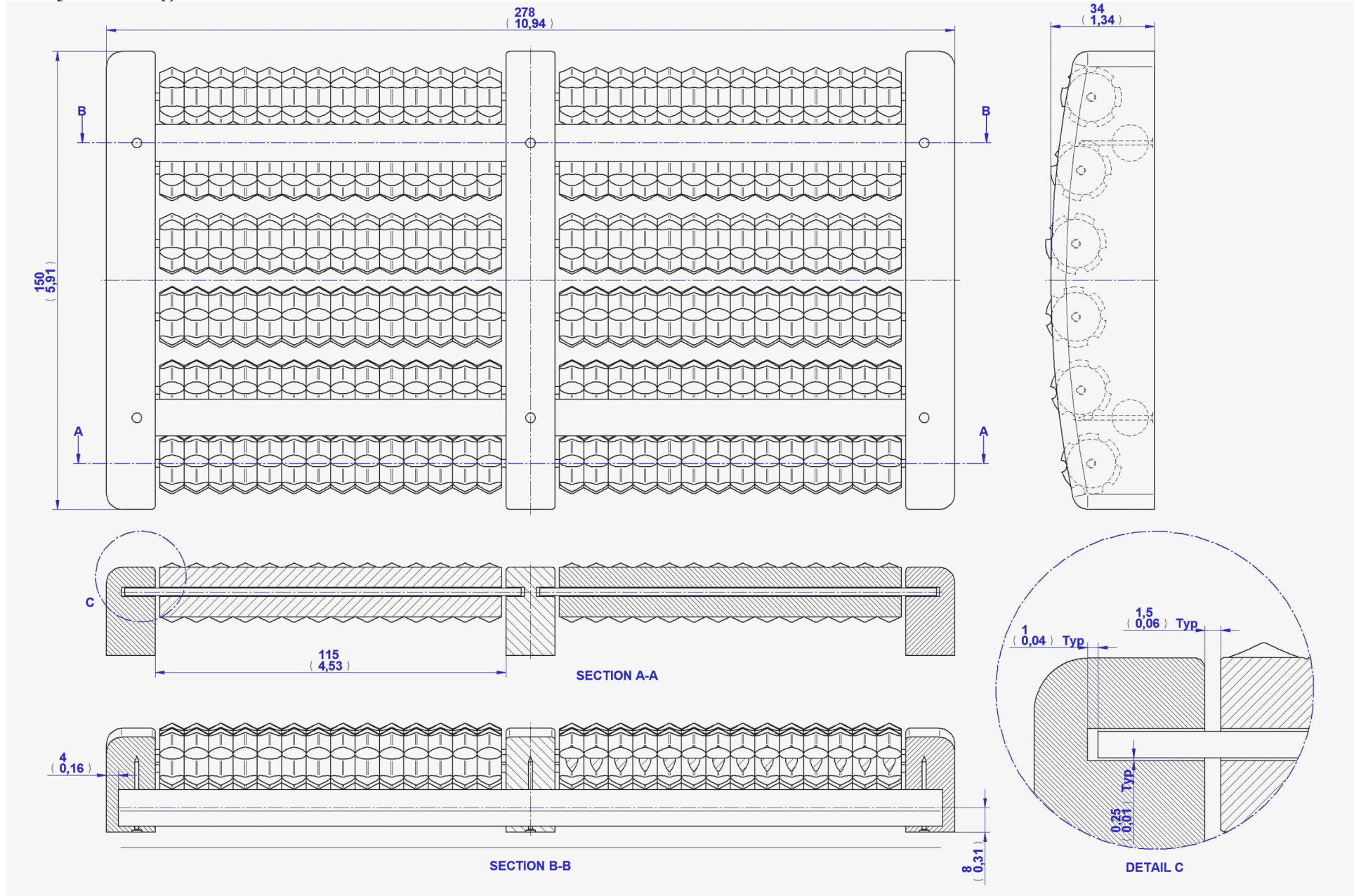
Make all the items precisely by the measurements given on particular 2D drawings. The measurement are given in millimeters, and the measurements in inches are given in brackets (1 inch = 25, 4 mm).

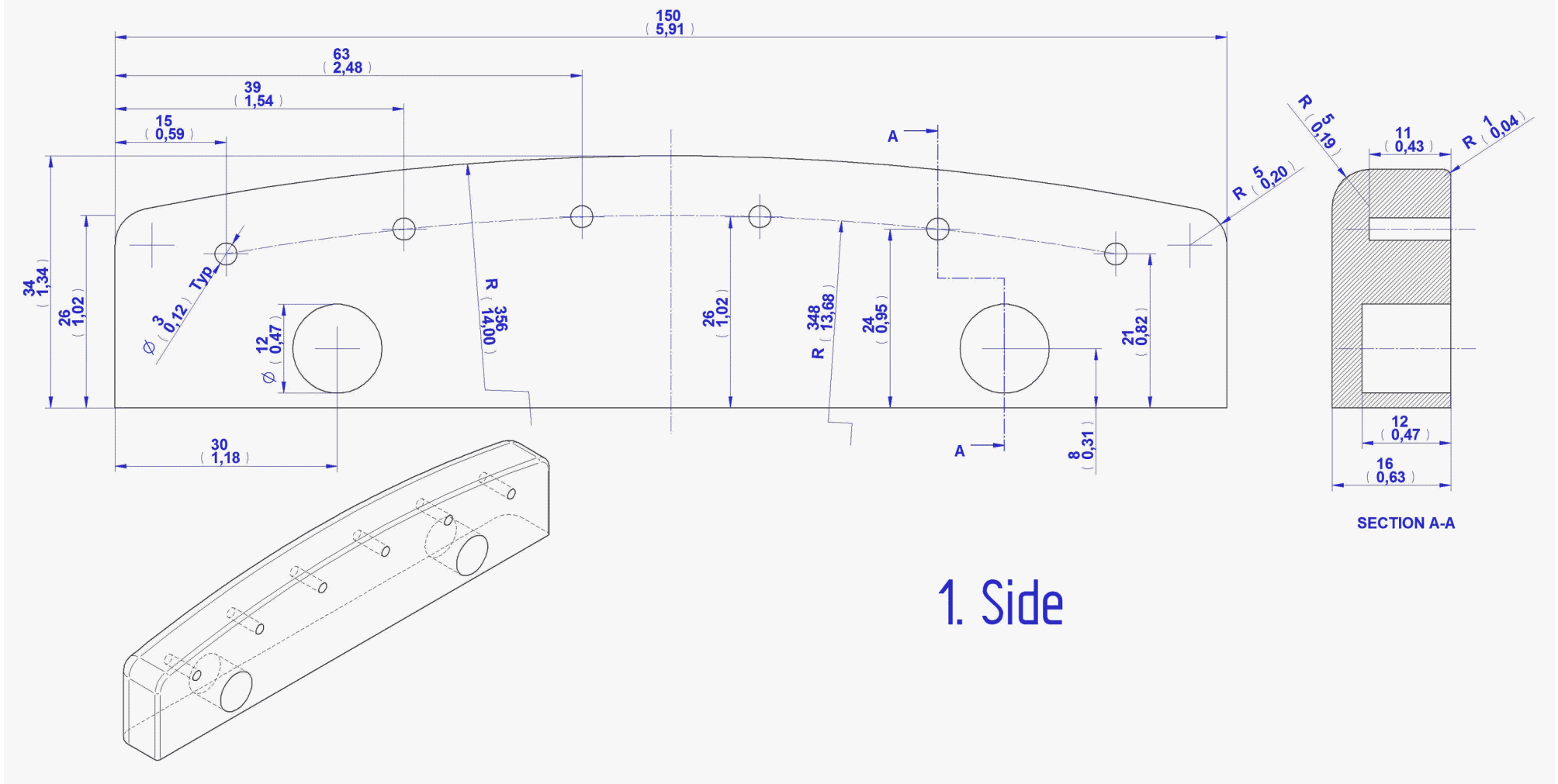
Parts List

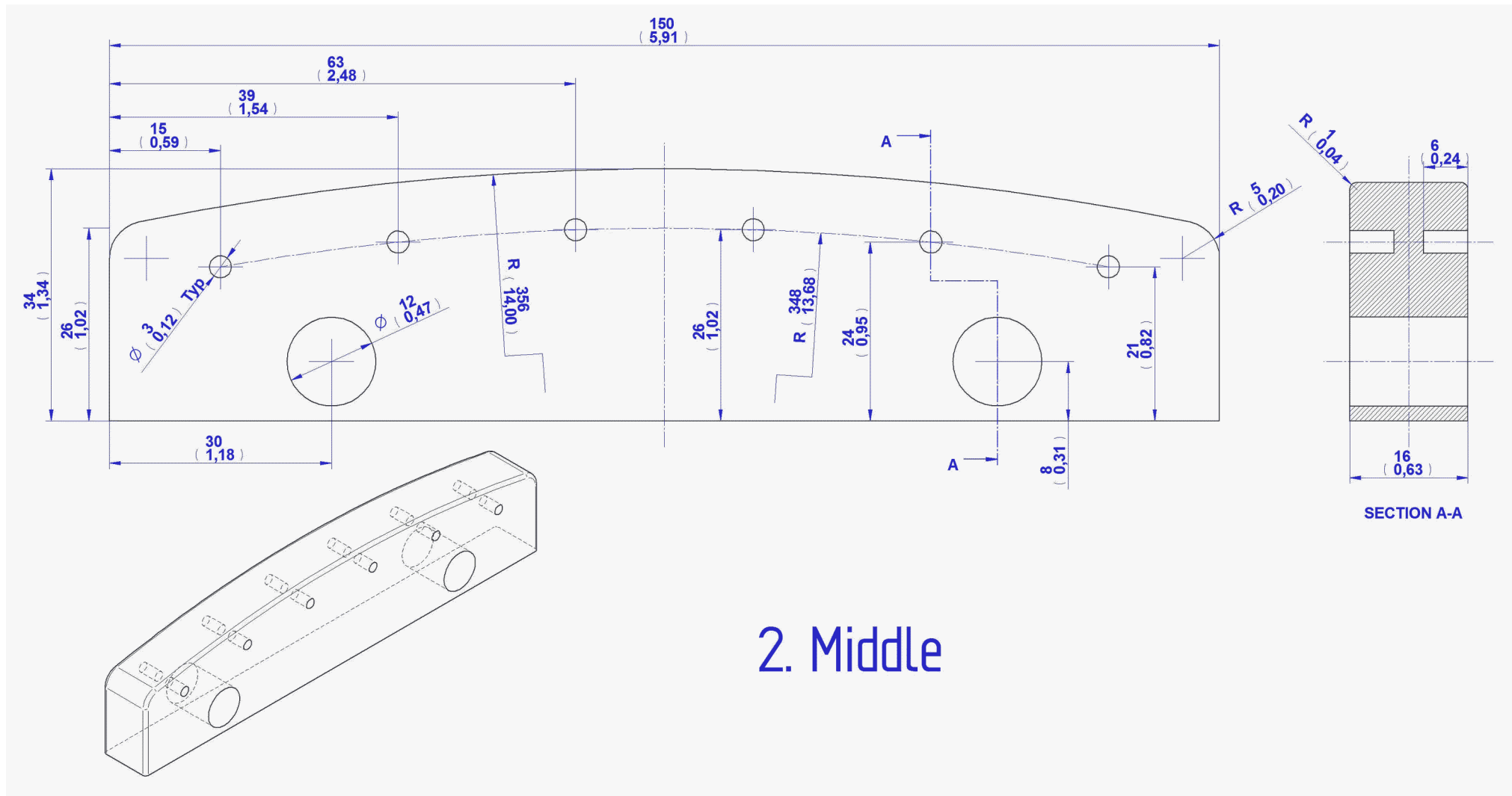


Item Number	Title	Material	Quantity	Category
1	Side	Wood	2	
2	Middle	Wood	1	
3	Axle	Wood	2	
4	Roller Axle	Steel	12	
5	Roller	Wood	12	
6*	Nail D14x25mm	Steel	6	Standard Part

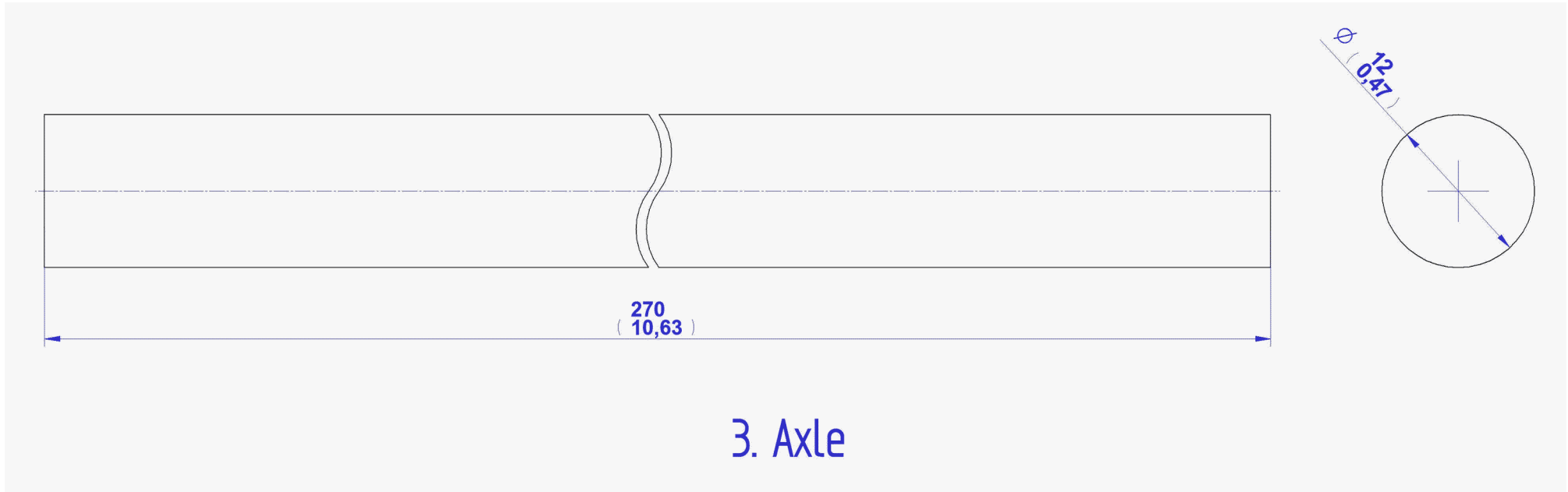
Assembly Drawing



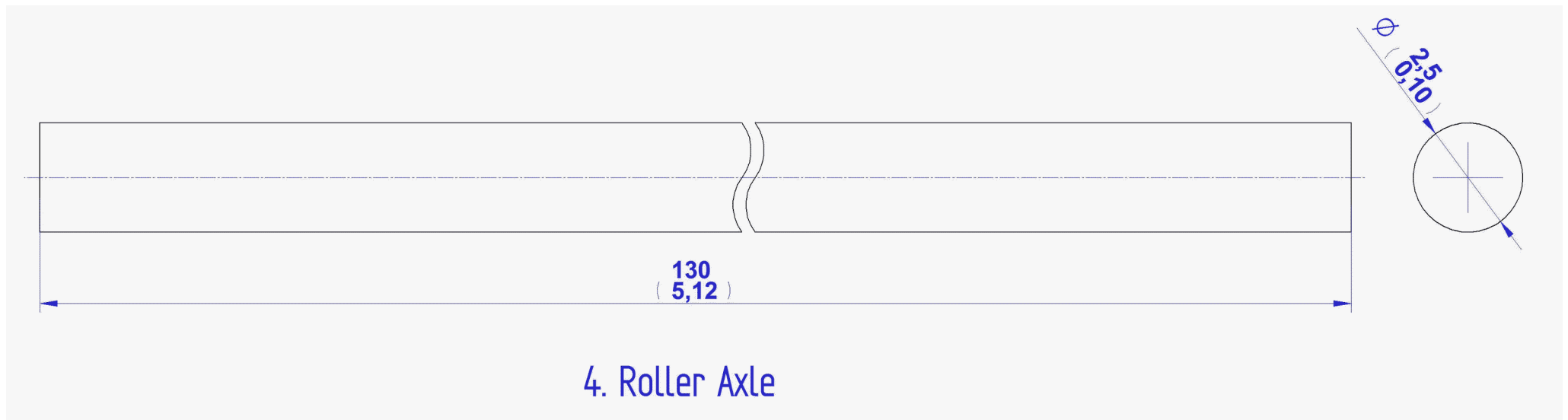




2. Middle



3. Axle



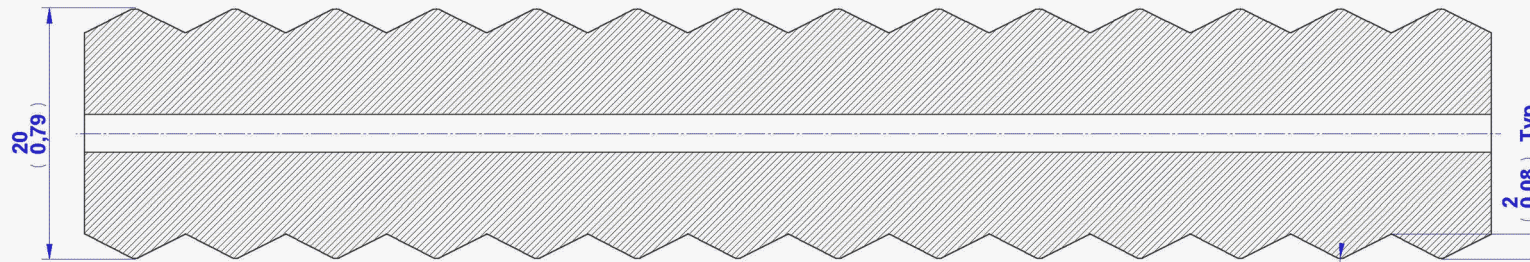
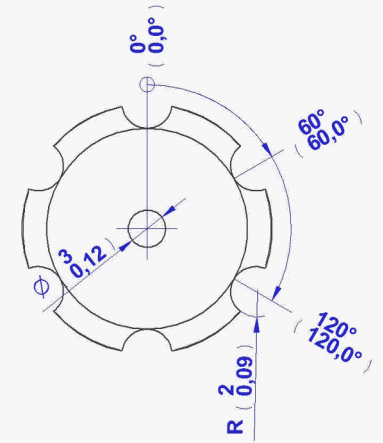
4. Roller Axle

8
(0,31) Typ

A

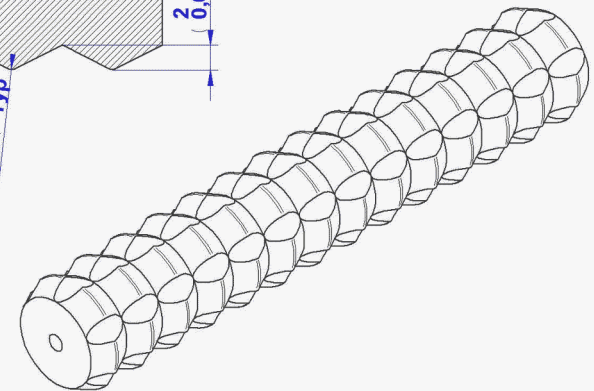
A

112
(4,41)



SECTION A-A

R 0,5
(0,02) Typ



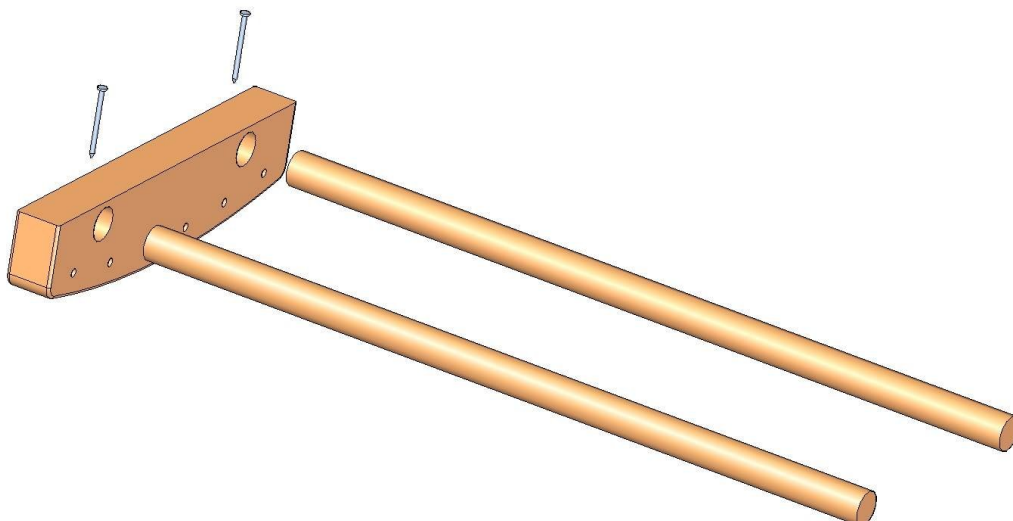
5. Roller

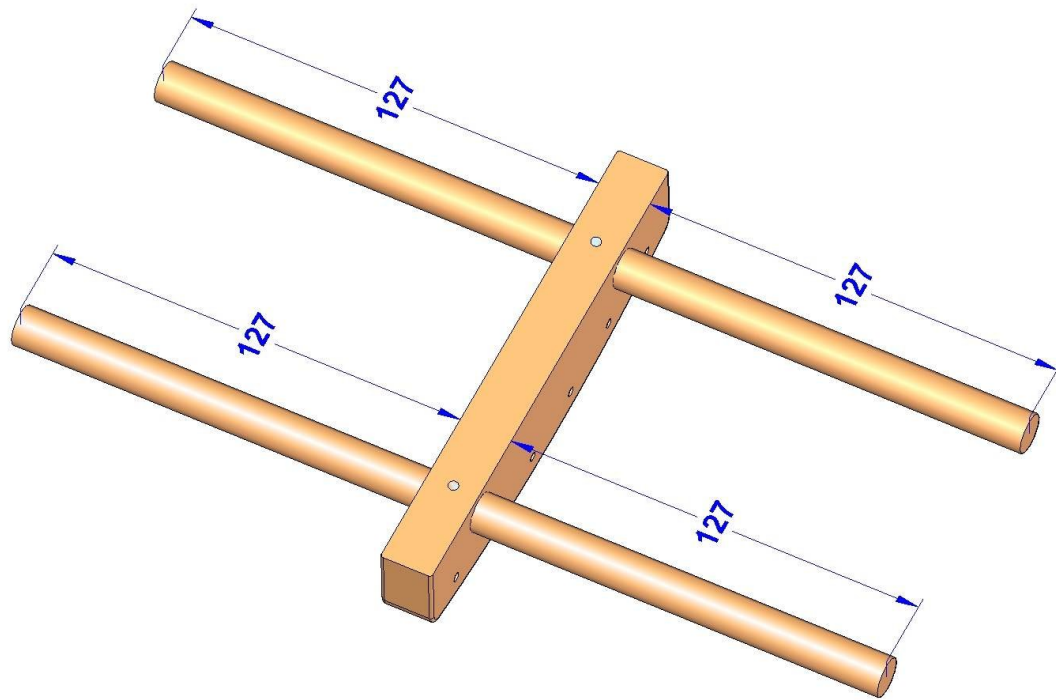
Standard Part



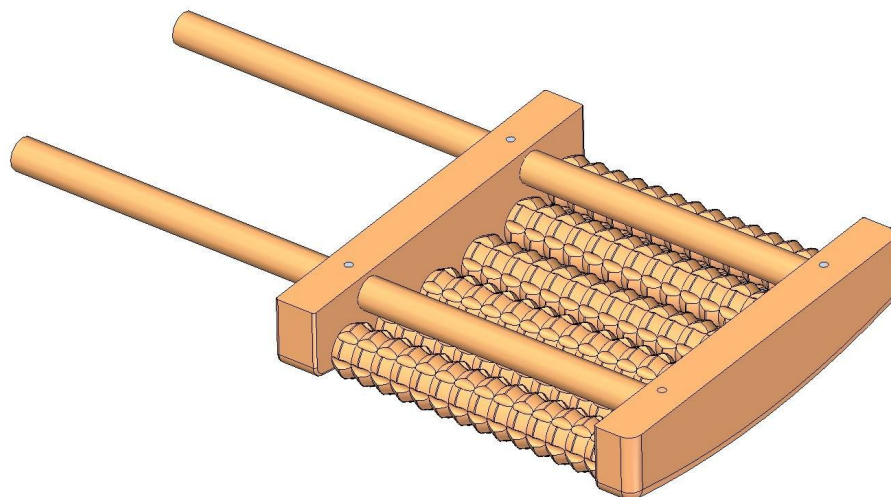
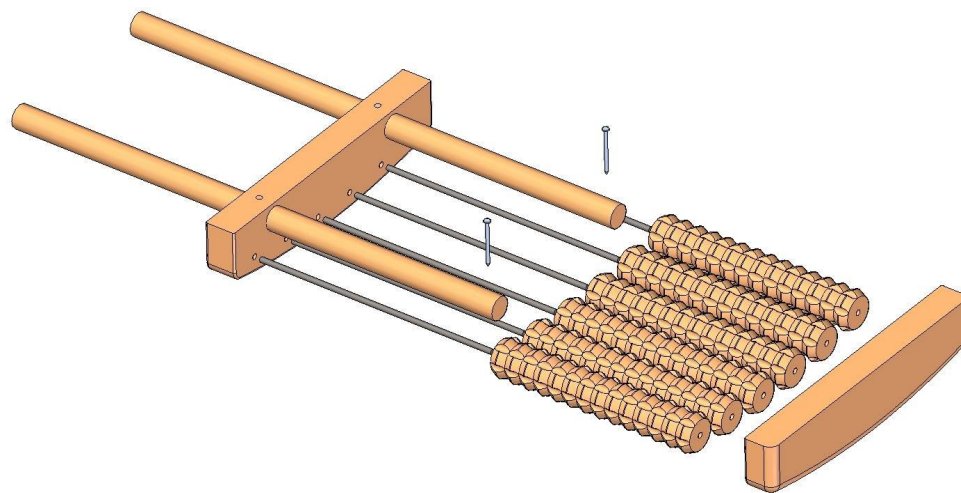
Assemblage images

1.





2.



3.

