

Wooden Pillow

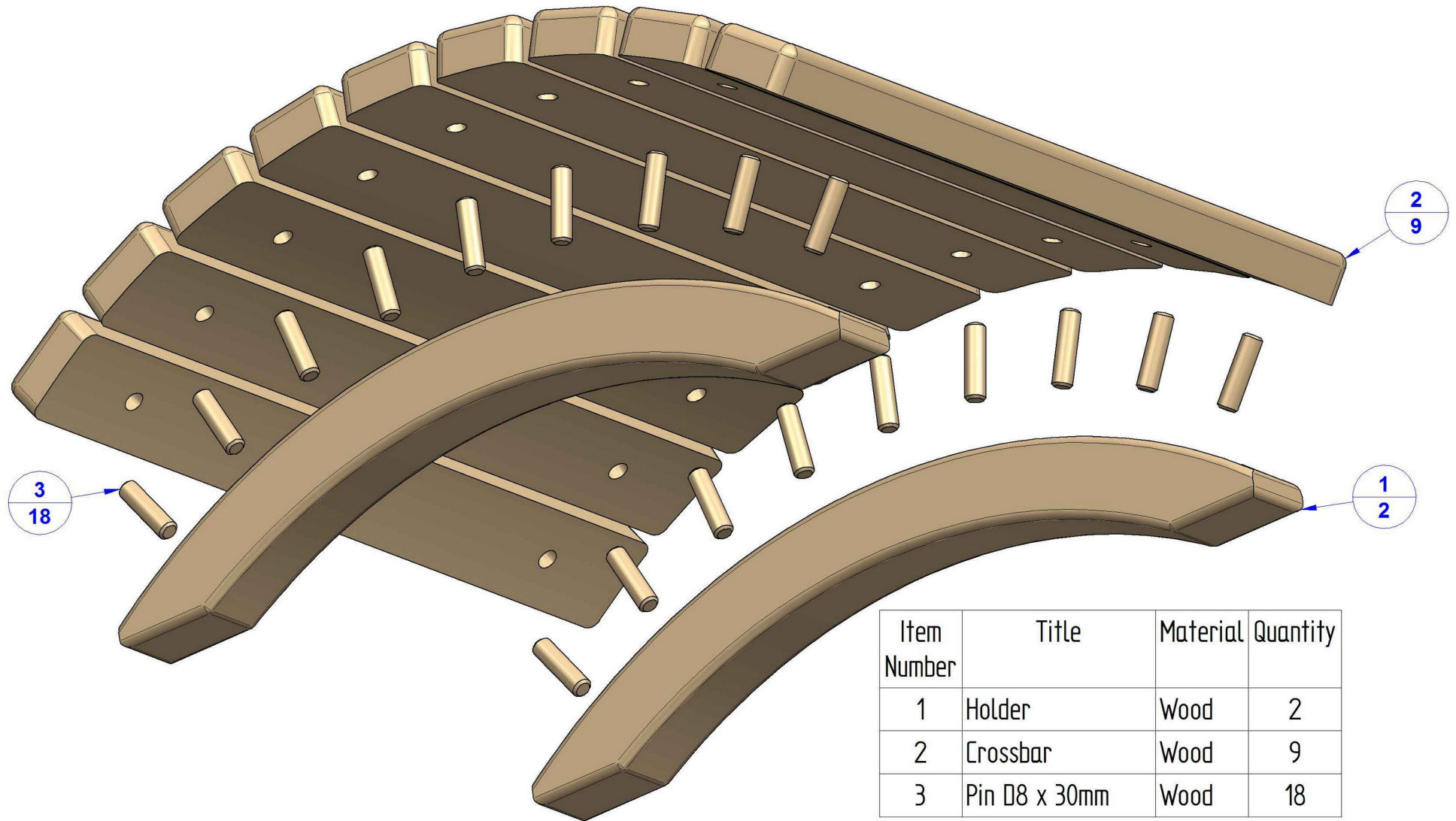


We are used to have soft pillows in our home, but it is not the case in whole world. Many people sleep on hard pillows, especially Asians. Before the industrial revolution in Europe and America people had hand-embroidered pillows stuffed with goose feathers. But in China and Japan, pillows were different. At first they were made from smooth stones, jade, porcelain and in most cases they were made out of wood.

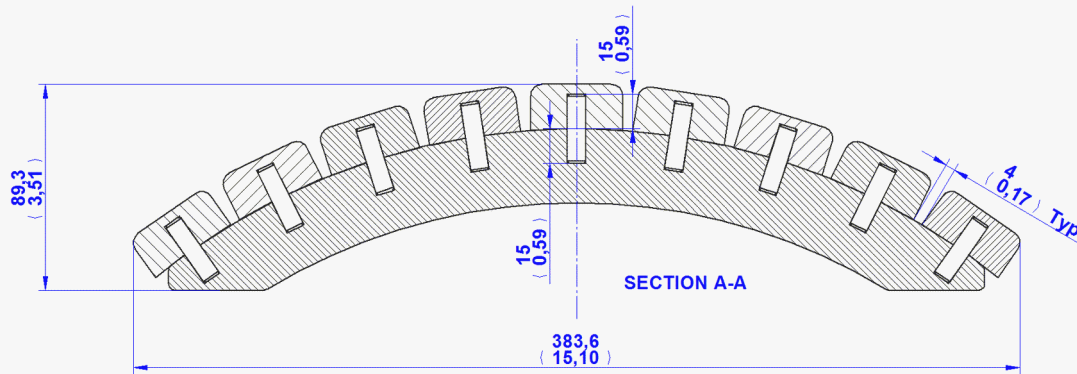
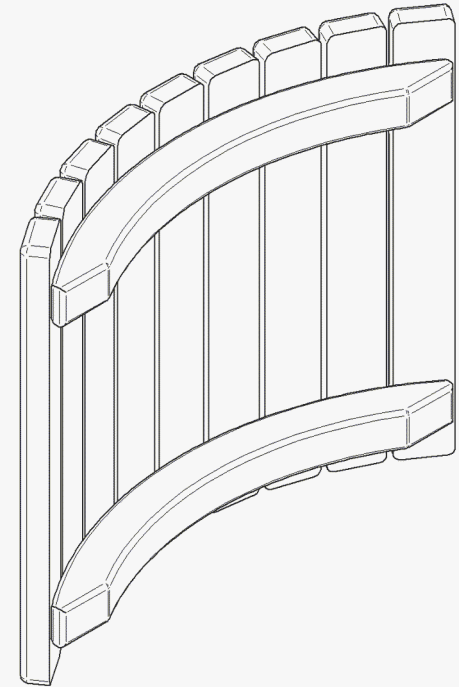
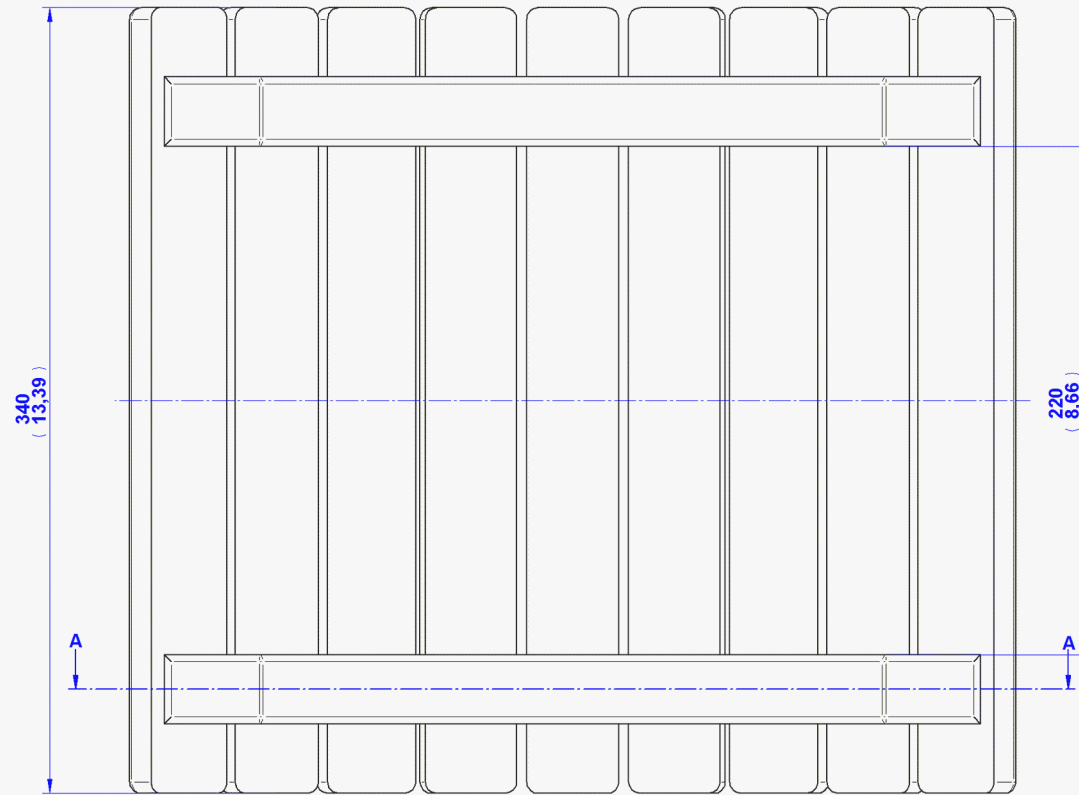
Today the wooden pillows are still around, they are good for the neck, and they can prevent cervical syndrome, spondylosis. Of course, many of them today serve as a decorative wood pillows, or outdoor pillows, where they can be a perfect piece of wooden outdoor furniture. But, if you have a sauna, this kind of wooden pillow is just a must for you., because it is a great piece of sauna equipment. You can use it each time you go for a treatment and simply relax, or it can be used as a back rest in steam rooms.

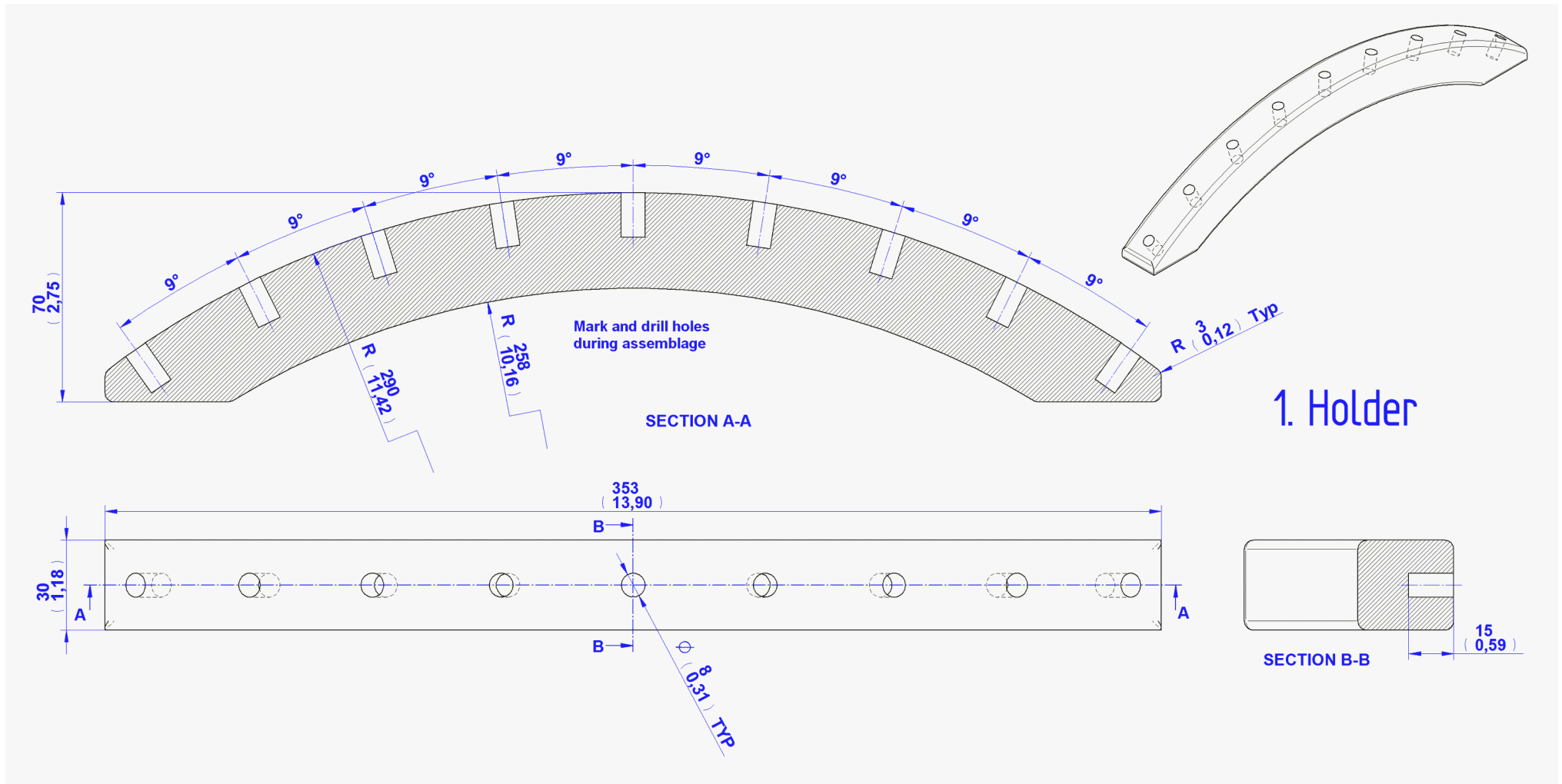
You can use various types of wood for making this project. We recommend purchasing some wood with a nice, interesting texture like ash, beech, cedar, birch, cherry, maple, oak, walnut, etc. If you are planning to paint the pillow, the texture of a selected wood is not important.

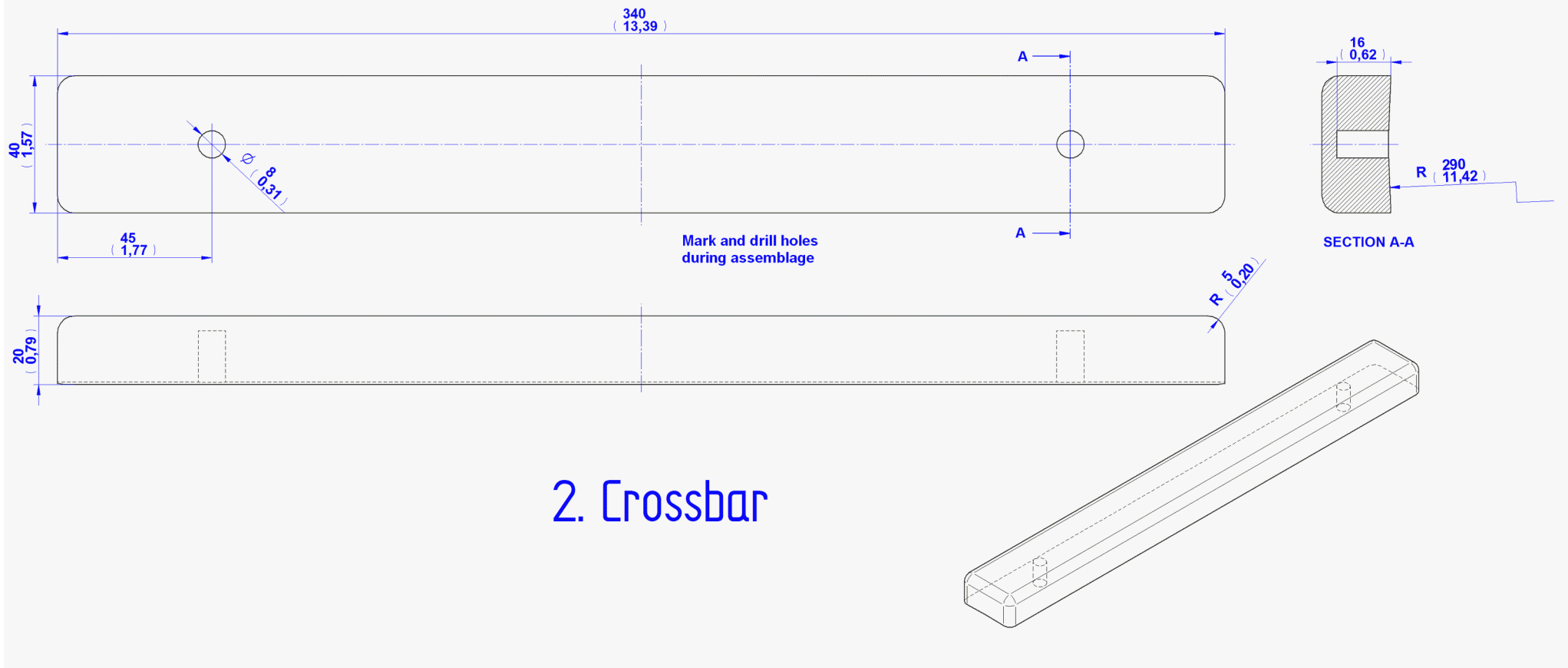
Parts List

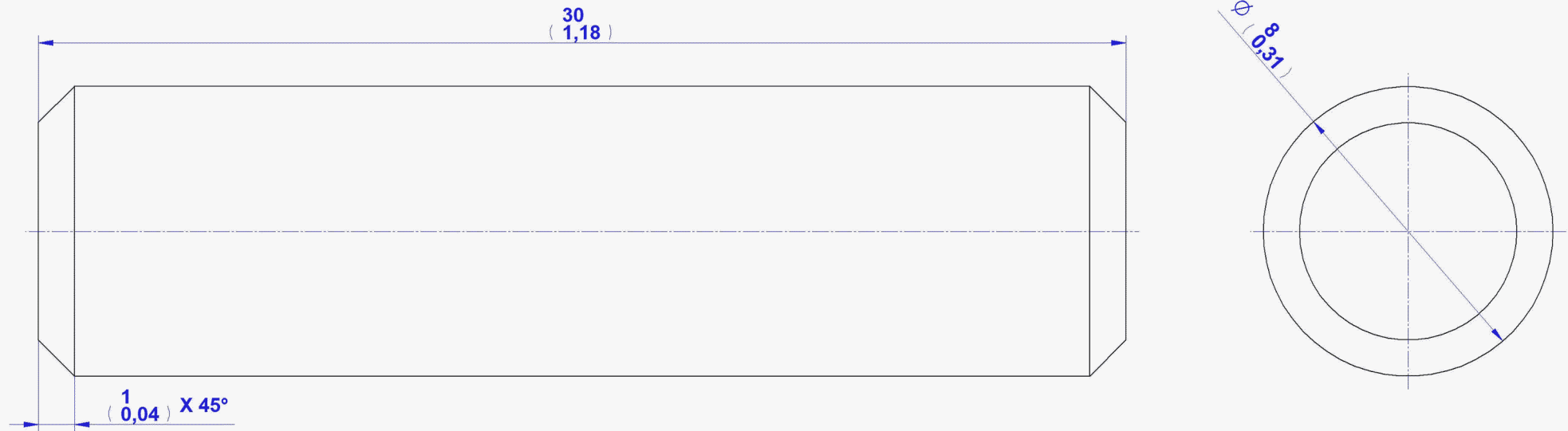


Item Number	Title	Material	Quantity
1	Holder	Wood	2
2	Crossbar	Wood	9
3	Pin D8 x 30mm	Wood	18





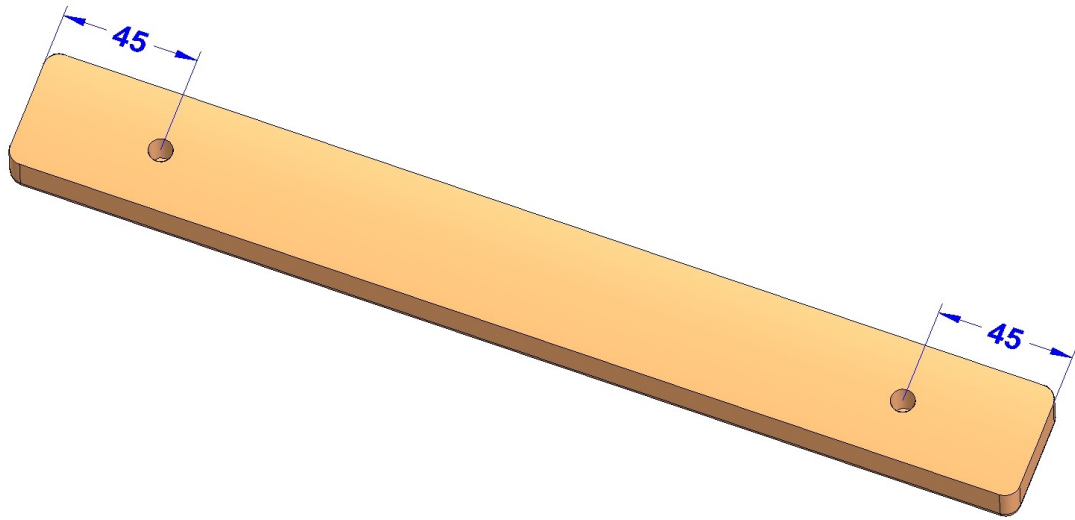




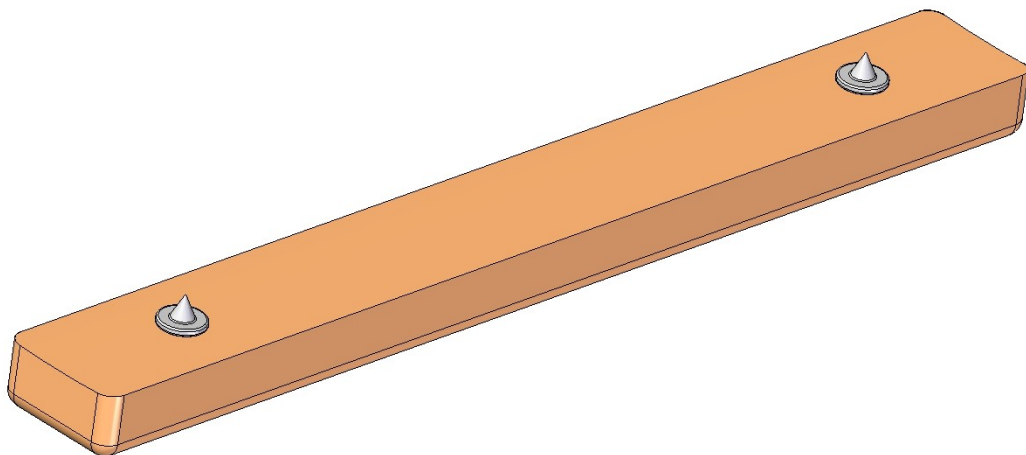
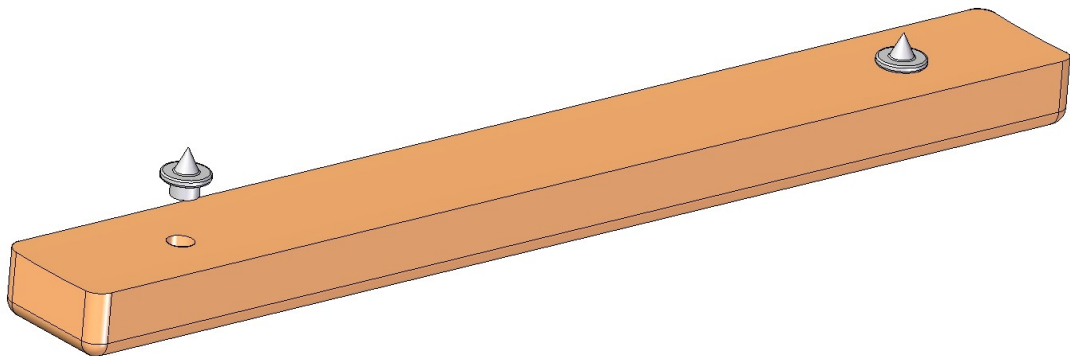
3. Pin D8 x 30mm

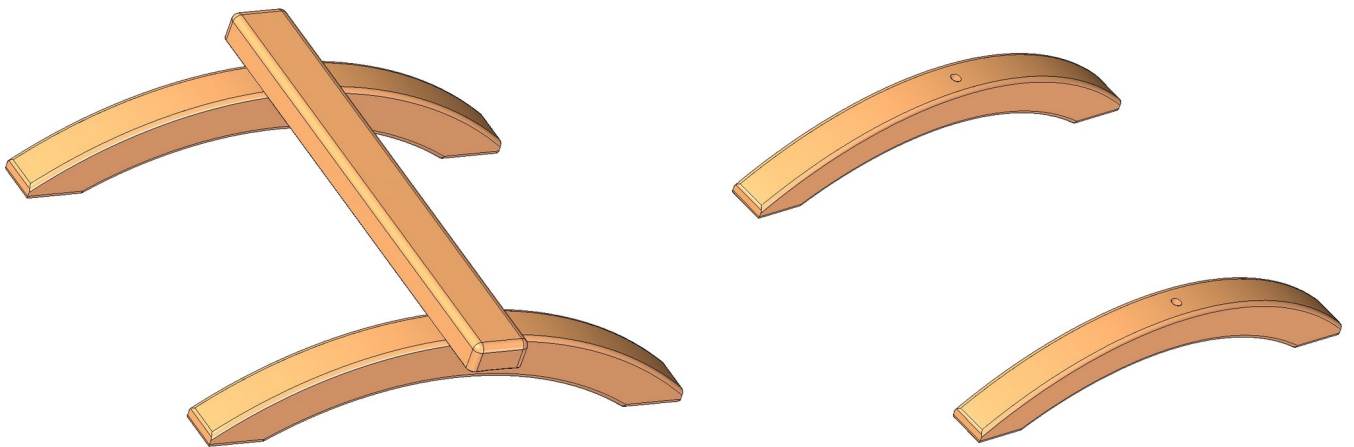
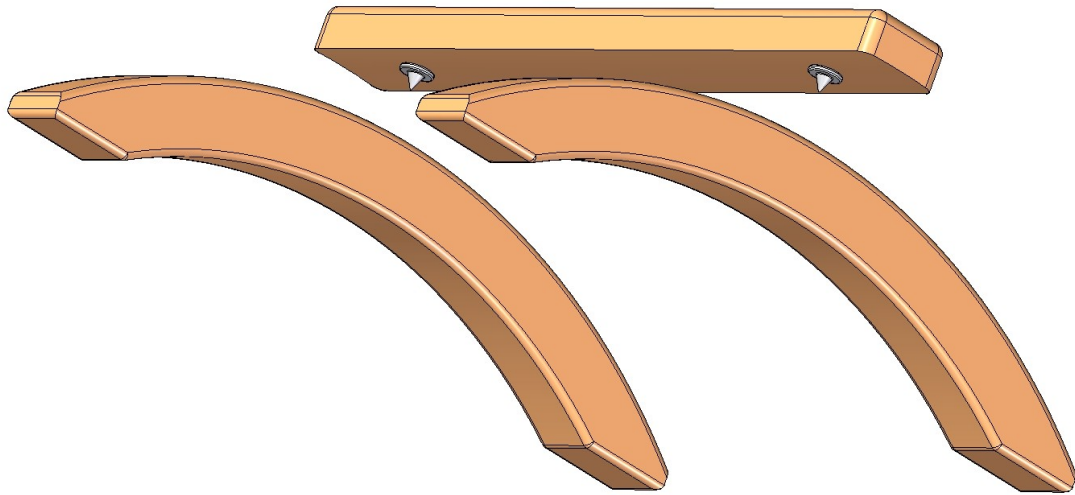
Assemblage Images

1.

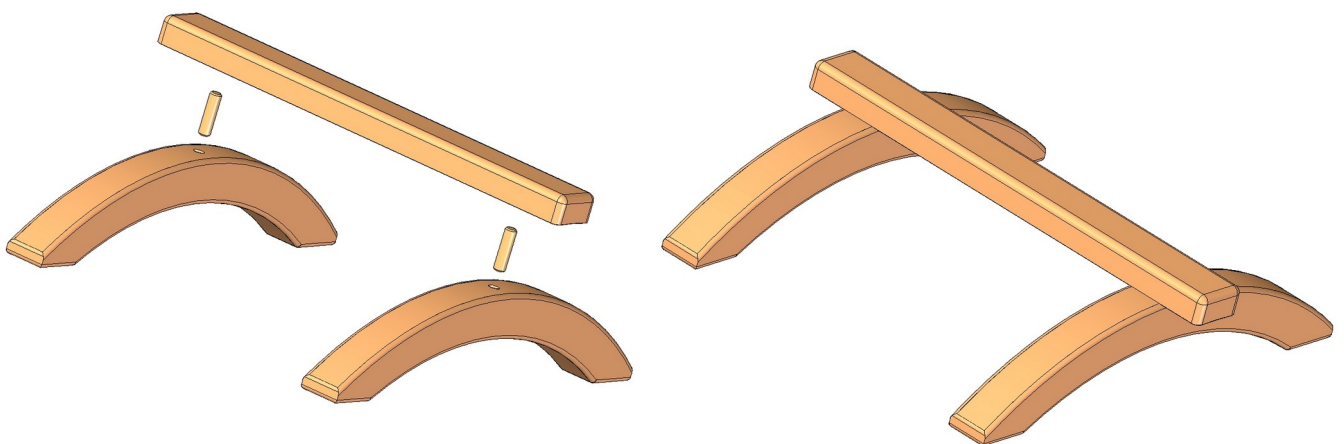


2.





3.



4.

